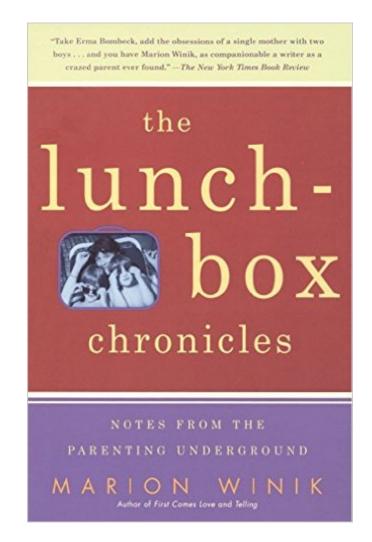
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# The Lunch-Box Chronicles: Notes From The Parenting Underground





### Synopsis

Child Magazine Best Book of the Year"For me, parenting is like dieting. Â Every day, I wake up filled with resolve and good intentions, perfection in view, and every day I somehow stray from the path. Â The difference is with dieting, I usually make it to lunch. . . . " With the candor and often hilarious outlook that have made her a beloved commentator on NPR, Marion Winik takes the reader on an unforgettable journey through modern parenthood, with all of its attendant anxieties and joys. Â Â Â Â Â Â Â A A single mother with two small boys, Winik knows exactly what she's talking about, from battles over breakfast and bedtime to the virtues of pre-packaged food and weightier issues like sex education and sibling rivalry. Part memoir and part survival guide, The Lunch-Box Chronicles is an engaging philosophy of parenting from a staunch realist, who knows that kids and their parents both will inevitably fall far short of perfection, and that a "good enough mom" really is, in fact, good enough.

#### **Book Information**

Paperback: 229 pages Publisher: Vintage (November 2, 1999) Language: English ISBN-10: 0375701702 ISBN-13: 978-0375701702 Product Dimensions: 5.5 x 0.5 x 8.5 inches Shipping Weight: 8.8 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #1,400,679 in Books (See Top 100 in Books) #226 in Books > Parenting & Relationships > Parenting > Single Parents #14612 in Books > Biographies & Memoirs > Specific Groups > Women

#### **Customer Reviews**

Marion Winik never ceases to amaze me with her candid and heroically revealing writing. She can evoke so many emotions about diving into that great big pool of love we call 'Family'. As a nanny, I have had so many Mothers ask me, "Am I doing this right"? And, "Do you think I'm a good Mom"? I try to stay neutral and tell them that it doesn't matter what I think, it matters what THEY think. Then I reccomend Marion's book and I always get VERY positive feedback about it. If you're a Mom; past, present or future, this book will make you feel a whole lot better about all that that entails. Your life won't be complete until you read it!

... whether they're yours or someone's else's, this book is for you. This insightful book tells it like it is -- everything you ever wanted to know about raising children, straight from the heart. If you read this and don't shed a tear, you're missing a big piece of humanity.

I love anything that Marion Winik pens .... She is a brilliant, off-the-cuff journaler of our times. Never miss a chance to read and share her books!

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